

2013-2014 Clayton High School Wrestle-off Procedure

1. A depth chart will be established each year at the Blue and Orange Scrimmage
2. Wrestlers will be assigned a weight class based upon the individual's NWCA Weight Management program and NFHS and MSHSAA guidelines.
3. Wrestlers may challenge the wrestler directly above them on the depth chart; they may not skip over wrestlers to challenge.
4. Wrestlers may only challenge for one position movement per week.
5. Wrestlers need to inform the coach of the challenge the Friday before the week of the challenge.
6. Challenge matches will take place on a Monday, Tuesday, or Wednesday of the week challenged for (depending on the dual schedule for any given week).
7. Wrestlers will weigh-in before they wrestle-off and will weigh in shoulder-to-shoulder in front of a coach.
8. Wrestlers will have to be within 5 lbs of the weight they are challenging. One chance only for any weigh-in.
9. The wrestle-off match will be conducted during practice time as directed by the CHS coaching staff.
10. Wrestle-off matches will be 2-2-2.
11. Wrestle-off officiating will be conducted by the CHS coaching staff.
12. Not including the Blue and Orange scrimmage, parents are NOT invited to an individual wrestle-off.
13. Aside from the Blue and Orange scrimmage, wrestle-off participants will not gain an advantage through coaching of any kind.
14. Wrestle-off opportunities will cease two weeks before districts.
15. In the case of a highly contested weight class, all evidence will be considered when determining the district representative.

**** The Clayton High School Wrestling coaching staff has the final say on all lineup decisions.***